



# Motivational Interviewing Training Series



Denise Ernst, Ph.D.  
Stéphanie Wahab, Ph.D., M.S.W.

## Two Day Introduction to Motivational Interviewing (MI)

May 8-9<sup>th</sup>, 2017 - \$450

**This 2-day intensive workshop (part of an MI training series- ask for flyer) will:**

1. Describe the “spirit,” key principles and four processes of Motivational Interviewing (MI)
2. Critically engage MI demonstrations via videos and live examples
3. Demonstrate and practice the spirit and primary skills associated with MI, with specific attention to evoking change talk
4. Become familiar with the range of skills used in MI to engage with clients, focus the scope of the work, evoke change talk, dancing with discord and negotiate a change plan

### Target Audience

These trainings are appropriate for helping professionals in the role of supporting individuals to make and sustain behavior changes: social workers, physicians, nurses, health educators, care managers, dietitians, counselors, psychologists, life and health coaches, clergy, probation/corrections officers, personal trainers, school counselors, and educators.

### Included in the Workshop

- 14 hours of high-level training from national and international MINT trainers
- Light breakfast/Coffee Breaks/Light Snacks
- University venue with local food carts and hotels within walking distance
- 13 Social Work CEUs (6.25 and 6.75 Hours)

### Daily Schedule

8:30am-4:30pm; Lunch: 12:00-1:15pm

### Training Location - Portland State University

Smith Memorial Student Union, Cascade Room 238  
1825 SW Broadway, Second Floor

- Located in the heart of downtown Portland in the middle of campus. (See map on next page.)
- Easily accessible via public transportation, with a host of nearby accommodations and restaurants.

***Held in beautiful Portland, Oregon at Portland State University***



**Denise Ernst, Ph.D.**  
MI Training and Consulting

**Limited to 30 participants—register TODAY!**

[DeniseErnst.com](http://DeniseErnst.com)

[WahabTraining.com](http://WahabTraining.com)



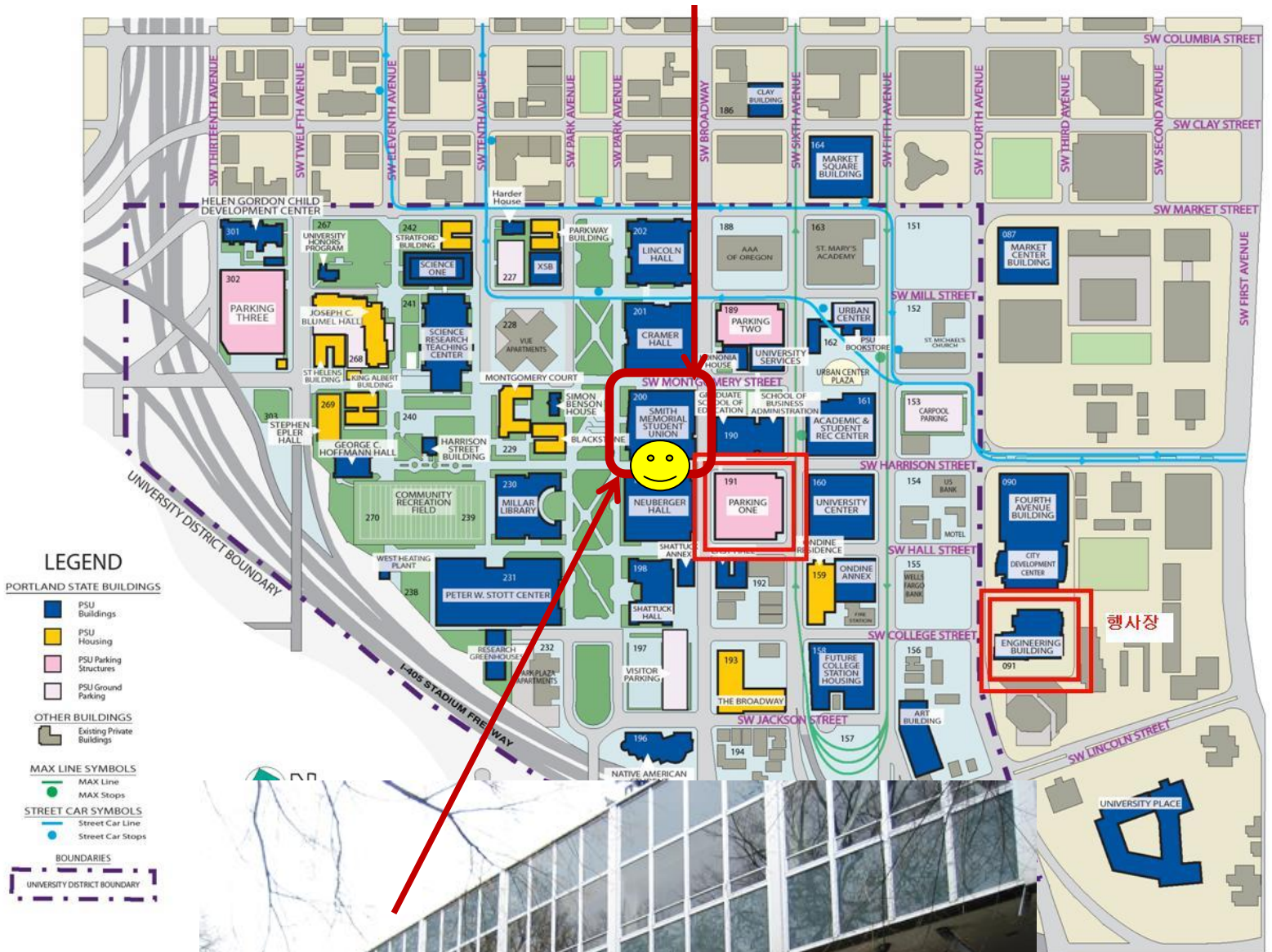
STÉPHANIE WAHAB  
MOTIVATIONAL INTERVIEWING  
training and consulting

# More about the MI Training Series

with Dr. Ernst and Dr. Wahab

## MI Training Location

Portland State University  
Smith Memorial Student Union, Cascade Room 236  
1825 SW Broadway, Portland



- LEGEND**
- PORTLAND STATE BUILDINGS**
    - PSU Buildings
    - PSU Housing
    - PSU Parking Structures
    - PSU Ground Parking
  - OTHER BUILDINGS**
    - Existing Private Buildings
  - MAX LINE SYMBOLS**
    - MAX Line
    - MAX Stops
  - STREET CAR SYMBOLS**
    - Street Car Line
    - Street Car Stops
  - BOUNDARIES**
    - UNIVERSITY DISTRICT BOUNDARY

