



Motivational Interviewing Treatment Integrity (MITI) Coding for Evaluation and Feedback



Denise Ernst, Ph.D. + Theresa Moyers, Ph.D.

**Online Workshop with 15 hours of Live Training
+ 5 hours of time-flexible learning** (see schedule for details)

February 22 – March 22, 2021

Weekly classes each Monday from 9:00am to 12:00pm Mountain Time

20 CEs accredited by the American Psychological Association

Cost: \$450

Coach Level 1 Certification will be awarded upon completion of the workshop.

This certification will prepare you to:

- Review work samples of MI
- Code work samples using the MITI
- Generate a menu of examples for trainees based on feedback
- Use coding feedback during supervision/coaching sessions

In this 20-hour class you will learn:

- How to use the global ratings to evaluate the relational and technical elements of MI
- How to identify specific behaviors that are desirable and discouraged in MI
- Strategies for providing feedback from the MITI for self-evaluation and evaluation of other MI learners
- Methods for establishing, evaluating and maintaining reliability in MITI coding for your practice

Target Audience

This workshop is appropriate for Novice coders (those who have no experience using the MITI) and those who are interested in using the MITI for evaluation of others, self-evaluation, and continued development of one's own MI skills.

Purpose of the Workshop

This workshop will focus on the newest revision of the Motivational Interviewing Treatment Integrity Code (MITI 4.2.1). Participants will learn to evaluate segments of MI practice using both global measures and specific behavior counts. The training will cover all aspects of the coding system with

special attention given to using coding as a basis for providing feedback and coaching to others, as well as facilitating self-evaluation and development of one's own skills.

Instructors

Denise Ernst, Ph.D., Psychologist and Motivational Interviewing Trainer and Consultant

Dr. Ernst is part of the research team that developed the Motivational Interviewing Skill Code (MISC) and the Motivational Interviewing Treatment Integrity Coding system. (MITI). She is an adjunct professor at the Portland State School of Social Work. Dr. Ernst leads an international coding team that provides MI coding for the Motivational Interviewing Network of Trainers, research, and implementation efforts, and practitioner skill development.

Theresa B. Moyers, Ph.D., Clinical Psychologist and Associate Professor of Psychology at the University of New Mexico

Dr. Moyers' research focuses on the training of therapeutic skills as well as identifying causal mechanisms of Motivational Interviewing. She and her research team developed the **Motivational Interviewing Treatment Integrity Coding System (MITI)**.

Workshop Details

This workshop will take place online via Zoom. Numerous practice sessions will be provided prior to the workshop if you are not familiar with this platform.

There will be a total of 15 hours of live weekly class sessions with Dr. Ernst and Dr. Moyers. The remaining 5 hours of class will be asynchronous (on your own time). The asynchronous activities include watching pre-recorded lessons by Dr. Ernst each week and meeting with an assigned partner online to record an MI session.

There will also be 3 *optional* coding practice groups on Thursdays from 11am-12pm MT for the first 3 weeks of the workshop. The coding practice groups will be available in English and Spanish.(See the detailed class schedule below.)

You will receive 20 continuing education credits accredited by the American Psychological Association (APA) for completion of the full training. You can receive 3 additional credits for attendance of the coding practice sessions.

Contact Us

Motivational Interviewing Training and Consulting (MITC)

Website: nmmitc.com

Email: nmmitc@gmail.com

Phone: 505-697-8344

Register now by visiting:

www.nmmitc.com/events/motivational-interviewing-treatment-integrity-miti-coding-for-evaluation-and-feedback

MITI Coding Training Schedule

February – March
2021

Week 0 (2/15/21)

MON	
TUE	
WED	
THU	
FRI	
SAT	
SUN	Watch pre-recorded session (30-60 minutes) prior to first class on 2/22

Week 1 (2/22/21)

MON	(2/22) Class with Denise and Terri 9am-12pm MT
TUE	
WED	
THU	*optional (2/25) coding practice of global measures 12-1pm MT (English and Spanish options)
FRI	
SAT	
SUN	Watch Pre-Recorded Session (30-60 minutes) prior to second class on 3/01

Week 2 (3/01/21)

MON	(3/01) Class with Denise and Terri 9am-12pm MT
TUE	
WED	
THU	*optional (3/04) Coding practice of behavior counts 12-1pm MT (English and Spanish options)
FRI	
SAT	
SUN	Watch pre-recorded video (30-60 minutes) prior to third class on 3/08

Week 3 (3/08/21)

MON	(3/08) Class with Denise and Terri 9am-12pm MT
TUE	
WED	
THU	*optional (3/11) Coding full practice 12-1pm MT (English and Spanish options)
FRI	
SAT	Record 15-minute MI sessions with your partner prior to 3/15
SUN	Watch pre-recorded video (30-60 minutes) prior to fourth class on 3/15

Week 4 (3/15/21)

<i>MON</i>	(3/15) Class with Denise and Terri 9am-12pm MT
<i>TUE</i>	
<i>WED</i>	
<i>THU</i>	Code your own tape prior to 3/22
<i>FRI</i>	Code another participant's session prior to 3/22
<i>SAT</i>	
<i>SUN</i>	Watch pre-recorded video (30-60 minutes) prior to fifth class on 3/22

Week 5 (3/22/21)

<i>MON</i>	(3/22) Class with Denise and Terri 9am-12pm MT
<i>TUE</i>	
<i>WED</i>	
<i>THU</i>	
<i>FRI</i>	
<i>SAT</i>	
<i>SUN</i>	