



Motivational Interviewing Remote (Zoom) Workshop

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Introduction to Motivational Interviewing (MI)

Four blocks: May 10, May 24, June 7, and June 21, 2021
9 am – 12 pm Pacific
\$450

This live-online workshop consisting of 4 three-hour blocks will allow participants to:

1. Describe the “spirit,” key principles and four processes of Motivational Interviewing (MI)
2. Critically engage MI demonstrations via videos and live examples
3. Demonstrate and practice the spirit and primary skills associated with MI, with specific attention to evoking change talk
4. Become familiar with and practice the range of skills used in MI to engage with clients, focus the scope of the work, evoke change talk, dancing with discord and negotiate a change plan
5. Support providers to practice MI via tele-health

Target Audience

These trainings are appropriate for helping professionals and paraprofessionals in the role of supporting individuals to make and sustain behavior changes: social workers, physicians, nurses, health educators, care managers, dietitians, counselors, psychologists, life and health coaches, clergy, probation/corrections officers, personal trainers, school counselors, and educators.

Structure of the Class

- Participants will engage four separate three-hour workshops through live/synchronous learning, via zoom with the trainers.
- Participants will be given MI practice exercises to conduct during the two-week blocks in between each class.
- Participants will be given the opportunity to work with a learning buddy for the duration of the class.

Included in the Workshop

- 12 hours of high-level training from national and international MINT trainers
- 12 Social Work CEUs
- Handouts, slides, practice exercises and demonstrations
- Access to proficient and experienced MI trainers



Limited to 40 participants—register TODAY!

DeniseErnst.com

WahabTraining.com



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